

# RESOURCES FOR YOUR HEALTH & WELLBEING



## RWJBarnabas Health Fitness & Wellness Centers

Employees of RWJBarnabas Health are entitled to a discounted membership rate (some restrictions apply) at the following locations:

Sports Physical Therapy and Performance Center  
TD Bank Ballpark  
Bridgewater, NJ  
[www.rwjbh.org/performancefitness](http://www.rwjbh.org/performancefitness)

100 Kirkpatrick St., Suite 201  
New Brunswick, NJ 08901  
[www.rwjfitnessnewbrunswick.com](http://www.rwjfitnessnewbrunswick.com)

1044 US Highway 9  
Parlin, NJ 08859  
[www.rwjfitnessoldbridge.com](http://www.rwjfitnessoldbridge.com)

3100 Quakerbridge Road  
Mercerville, NJ 08619  
[www.rwjhamiltonwellness.com](http://www.rwjhamiltonwellness.com)

2120 Lamberts Mill Road  
Scotch Plains, NJ 07076  
[www.rwjrahwayfitness.com](http://www.rwjrahwayfitness.com)

60 Cooke Avenue  
Carteret, NJ 07008  
[www.rwjfitnesscarteret.com](http://www.rwjfitnesscarteret.com)

