

## Peer Recovery Program (PRP)

## Substance use disorder support for employees and loved ones.

If you or a loved one are initiating or maintaining recovery from substance use disorder, know that you are not alone. RWJBarnabas Health Institute for Prevention and Recovery offers anonymous peer support to employees and loved ones who are ready to embark on their recovery journey.

- Overview
  - Comprehensive peer support for individuals with substance use disorder
    - Anonymous peer-to-peer support offered by the Peer Recovery Program
    - Assist with developing care plan goals
    - Care coordination
    - Mentoring and support
    - Advocacy and education
    - Administered in person, virtually or via telephone
  - Services provided by a Nationally Certified Peer Recovery Support Specialist (NCPRSS) supervised by a behavioral health clinician

For additional information, please contact Jennifer Luyster, MA, LCADC, CCS, DRCC Monday – Friday, 8 am – 4pm at 848-303-0244 or Jennifer.luyster@rwjbh.org

## After hours and weekends:

- Non-urgent matters at Jennifer.luyster@rwjbh.org
- Urgent matters at 848-303-0008

Institute for Prevention and Recovery

