

FITNESS MEMBERSHIP OPPORTUNITY!

As a valued employee of RWJ Barnabas Health, you are entitled to substantial savings at any of our five (5) full-service, state-of-the-art fitness and wellness centers.

State-of-the-Art Fitness Floor



Wide Variety of Group Fitness Classes



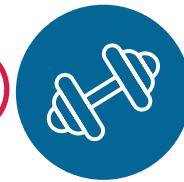
Comprehensive Aquatics Center



FEATURES & AMENITIES*

-  Fitness Floor with state-of-the-art equipment (cardio, strength, free-weight, and stretching areas)
-  Aquatics Center with three salt water-filtered pools (Junior Olympic Lap Pool, Therapy Pool, and Spa Pool)
-  Variety of Group Fitness classes available each day (Class styles include cardio, dance, strength, low-impact, high-intensity, and aqua-based)
-  Fitness Assessments and Individualized Programming
-  Complimentary Childcare
-  Full-amenity locker rooms with sauna and steam room
-  Wellness Programs guided by our Medical Advisory Board† (Bariatric, Cancer, Cardiac, Diabetes, Parkinson's, Pre-Op, Women's Health, and more)
-  On-site Cafés and Spas‡
-  Personal Training packages† (private, semi-private, or small group)
-  Pilates Reformer sessions† (private, semi-private, or small group)
-  Swim Lessons, Swim Team, and WSI Instruction†
-  On-site Physical Therapy‡
-  **And much more!**

*Available features and amenities vary by location. † Additional fee. ‡ Service provided by hospital affiliate.



ONE-DAY PASS[^]

Call any of the five (5) affiliated Centers below to schedule a tour and activate your One-day Pass.

*Some restrictions apply. Must be 18 years or older. Cannot be combined with any other offers.

RWJ BARNABAS HEALTH EMPLOYEES - DISCOUNTED MEMBERSHIP RATES**

MEMBERSHIP RATES			
Hospital Administrative Fee	First Person	Second Person	Third+ Person
\$30.00	\$55.00 per month	\$55.00 per month	\$43.00 per month

**Some restrictions apply. Must show valid RWJ Barnabas Health employee ID. May pay membership dues through payroll deduct. There's an additional reimbursement opportunity through the Employee Wellness Program. Offer available at five (5) locations in network. See below. In addition to monthly dues, members will pay an annual maintenance fee of \$40 beginning on their six-month anniversary.

5 CENTERS IN NEW JERSEY!

Carteret, NJ
RWJ Rahway Fitness & Wellness at Carteret
60 Cooke Avenue
732.541.2333
RWJFitnessCarteret.com

Hamilton, NJ
RWJ Fitness & Wellness
3100 Quakerbridge Road
609.584.7600
RWJHamiltonWellness.com

New Brunswick, NJ
RWJ Fitness & Wellness
100 Kirkpatrick Street
732.873.1222
RWJFitnessWellness.com

Old Bridge, NJ
RWJ Fitness & Wellness
1044 US Highway 9
732.525.2900
RWJFitnessWellness.com

Scotch Plains, NJ
RWJ Rahway Fitness & Wellness
2120 Lamberts Mill Road
908.232.6100
RWJRahwayFitness.com