

# Meet Your BHealthy Wellness Health Coaches!



**Jessica Cortez, Health Coach**  
Phone (973) 315-5015 ext. 154  
**Facilities:** Campus Drive, Qualitas Pharmacy, System Business Office, Jersey City Medical Center



**Lindsay DeStefano, Health Coach**  
Phone (973) 315-5015 ext. 156  
**Facilities:** Ambulatory Care Center, Cooperman Barnabas Medical Center, Corporate (West Orange), CSH Mountainside, CSH Union



**Christine Mustac, Health Coach**  
Phone (973) 315-5015 ext. 170  
**Facilities:** Newark Beth Israel Medical Center, Clara Maass Medical Center, CSH-Newark, Trinitas Regional Medical Center



**Anita Alba, Health Coach**  
Phone (973) 315-5015 ext. 171  
**Facilities:** Community Medical Center, Monmouth Medical Center, MMC-Southern Campus, Behavioral Health Center, CSH Egg Harbor & Toms River



**Catherine Scutti, Health Coach**  
Phone (973) 315-5015 ext. 227  
**Facilities:** RWJRahway, RWJSomerset, RWJHamilton, CSH Clifton, CSH Hamilton & New Brunswick, CSH Somerset, RWJUH New Brunswick

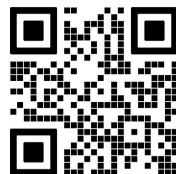


**Pamela Faccone, Health Coach**  
Phone (973) 315-5015  
**Book:** All Facilities



**Lauren Nolan, Health Coach**  
Phone (973) 315-5015

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HEALTH**