



Save up to \$500 per year!

# Rewards

It's easy to earn rewards by making healthy decisions. Complete healthy activities to earn points and watch your savings add up—up to a total of \$500 on your 2025 RWJBH medical plan premium. Enrolled spouses can earn an additional \$100 for a total of \$600 in savings!

### What you can earn in 2024:

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	Savings max for the year
Points	5,000	18,000	30,000	45,000	
Savings	\$50	\$100	\$150	\$200	

Annual accumulated savings for 2024: = \$500

Spouses enrolled in an RWJBH medical plan can earn 45,000 points by participating in healthy activities to save an additional \$100—totaling \$600 in savings for employee and spouse.

Do healthy things:	Earn points:
Complete a biometric screening	10,000
Complete your health assessment	10,000
Complete your annual well visit	10,000
Complete a BHealthy challenge (3 per year)	10,000
Complete a BHealthy coaching session	6,000
Complete a Care Management session	6,000
Complete a BHealthy group or digital coaching session	5,000
Complete a preventive screening (up to 5+ per year)	5,000
Complete the IFPR Smoking Cessation Program	5,000
Complete a dental visit (2 per year)	2,500
Volunteering in the Community (4 per year)	2,000
Complete a BHealthy webinar (2 per month)	1,000

Look for **How to Earn** in your account for a complete list of all the ways you can earn points.

To learn more, visit:



BHealthy Wellness Portal via the Wellness page on The Bridge



[join.virginpulse.com/bhealthy](https://join.virginpulse.com/bhealthy)

